



***Diplomas in Coaching  
Professional Accreditation for Coaches and Leaders***

***Spring 2022***

***Time Zone: Dublin/IST***

***Live Virtual Classes***

*Interactive Learning*

*Discussion*

*Q&A*

*Breakout Rooms for Skills Practice*

## Class Schedule



**KINGSTOWN**  
COLLEGE

### *Format - 1 Evening Per Week*

### **Advanced Diploma in Personal, Leadership and Executive Coaching**

Select one evening option for study when you register.

	6.30pm - 9.30pm Dublin Time / IST		
	Monday Evening Course	Tuesday Evening Course	Wednesday Evening Course
<b>Module 1</b>	21-Feb-2022 28-Feb-2022 07-Mar-2022	22-Feb-2022 01-Mar-2022 08-Mar-2022	23-Feb-2022 02-Mar-2022 09-Mar-2022
<b>Module 2</b>	14-Mar-2022 28-Mar-2022 04-Apr-2022	15-Mar-2022 29-Mar-2022 05-Apr-2022	16-Mar-2022 30-Mar-2022 06-Apr-2022
<b>Module 3</b>	11-Apr-2022 25-Apr-2022 09-May-2022	12-Apr-2022 26-Apr-2022 10-May-2022	13-Apr-2022 27-Apr-2022 11-May-2022
<b>Learning Review</b>	<b>16<sup>th</sup> May 2022</b>	<b>17<sup>th</sup> May 2022</b>	<b>18<sup>th</sup> May 2022</b>
<b>Module 4</b>	30-May-2022 13-Jun-2022 20-Jun-2022	31-May-2022 14-Jun-2022 21-Jun-2022	01-Jun-2022 15-Jun-2022 22-Jun-2022
<b>ASSIGNMENTS DEADLINE 1</b>	<b>20<sup>th</sup> June 2022</b>	<b>21<sup>st</sup> June 2022</b>	<b>22<sup>nd</sup> June 2022</b>
<b>Module 5</b>	27-Jun-2022 04-Jul-2022 11-Jul-2022	28-Jun-2022 05-Jul-2022 12-Jul-2022	29-Jun-2022 06-Jul-2022 13-Jul-2022
<b>Module 6</b>	18-Jul-2022 25-Jul-2022 15-Aug-2022	19-Jul-2022 26-Jul-2022 16-Aug-2022	20-Jul-2022 27-Jul-2022 17-Aug-2022
<b>Observed Coaching Session</b>	<b>22<sup>nd</sup> August 2022</b>	<b>23<sup>rd</sup> August 2022</b>	<b>24<sup>th</sup> August 2022</b>
<b>ASSIGNMENTS DEADLINE 2</b>	<b>26<sup>th</sup> September 2022</b>	<b>27<sup>th</sup> September 2022</b>	<b>28<sup>th</sup> September 2022</b>

\* The Learning Review is an online in-class activity, and the Observed Coaching Session is a recorded Zoom session with other learners as a demonstration of skills. Both are required in order to complete your course, so attendance is mandatory.

## Class Schedule



### *Format - 2 Days Per Month*

### **Advanced Diploma in Personal, Leadership and Executive Coaching**

	<b>10am - 4pm Dublin Time / IST</b>
	<b>Wednesday Day Course</b>
<b>Module 1</b>	23-Feb-2022 09-Mar-2022
<b>Module 2</b>	30-Mar-2022 13-Apr-2022
<b>Module 3</b>	27-Apr-2022 11-May-2022
<b>Learning Review</b>	<b>25<sup>th</sup> May 2022</b>
<b>Module 4</b>	15-Jun-2022 29-Jun-2022
<b>ASSIGNMENTS DEADLINE 1</b>	<b>29<sup>th</sup> June 2022</b>
<b>Module 5</b>	13-Jul-2022 27-Jul-2022
<b>Module 6</b>	17-Aug-2022 31-Aug-2022
<b>Observed Coaching Session</b>	<b>14<sup>th</sup> September 2022</b>
<b>ASSIGNMENTS DEADLINE 2</b>	<b>12<sup>th</sup> October 2022</b>

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## Class Schedule



**KINGSTOWN**  
COLLEGE

### *Format - 2 Weekends Per Month*

### **Advanced Diploma in Personal, Leadership and Executive Coaching**

	<b>10am - 4pm Dublin Time / IST</b>
	<b>Weekend Course</b>
<b>Module 1</b>	26-Feb-2022 27-Feb-2022
<b>Module 2</b>	12-Mar-2022 13-Mar-2022
<b>Module 3</b>	26-Mar-2022 27-Mar-2022
<b>Learning Review</b>	<b>09<sup>th</sup> April 2022</b>
<b>Module 4</b>	23-Apr-2022 24-Apr-2022
<b>ASSIGNMENTS DEADLINE 1</b>	<b>24<sup>th</sup> April 2022</b>
<b>Module 5</b>	07-May-2022 08-May-2022
<b>Module 6</b>	21-May-2022 22-May-2022
<b>Observed Coaching Session</b>	<b>11<sup>th</sup> &amp; 12<sup>th</sup> June 2022</b>
<b>ASSIGNMENTS DEADLINE 2</b>	<b>03<sup>rd</sup> July 2022</b>

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## Class Schedule

**\*\*8 WEEK INTENSIVE\*\***



### *Format - 3 Evenings Per Week*

### **Advanced Diploma in Personal, Leadership and Executive Coaching**

	6.30pm - 9.30pm Dublin Time / IST		
	Tuesday Evening	Wednesday Evening	Thursday Evening
<b>Module 1</b>	18-Jan-2022	19-Jan-2022	20-Jan-2022
<b>Module 2</b>	25-Jan-2022	26-Jan-2022	27-Jan-2022
<b>Module 3</b>	01-Feb-2022	02-Feb-2022	03-Feb-2022
<b>Learning Review</b>	<b>08<sup>th</sup> February 2022</b>		
<b>Module 4</b>	15-Feb-2022	16-Feb-2022	17-Feb-2022
<b>ASSIGNMENTS DEADLINE 1</b>	<b>17<sup>th</sup> February 2022</b>		
<b>Module 5</b>	22-Feb-2022	23-Feb-2022	24-Feb-2022
<b>Module 6</b>	01-Mar-2022	02-Mar-2022	03-Mar-2022
<b>Observed Coaching Session</b>	<b>08<sup>th</sup>, 09<sup>th</sup>, 10<sup>th</sup> March 2022</b>		
<b>ASSIGNMENTS DEADLINE 2</b>	<b>14<sup>th</sup> April 2022</b>		

\* The Learning Review is an online in-class activity, and the Observed Coaching Session is a recorded Zoom session with other learners as a demonstration of skills. Both are required in order to complete your course, so attendance is mandatory.

## Class Schedule

**\*\*8 WEEK INTENSIVE\*\***



*Format - 2 Days Per Week*

**Advanced Diploma in Personal, Leadership and Executive Coaching**

	<b>10am - 4pm Dublin Time / IST</b>	
	<b>Tuesday</b>	<b>Thursday</b>
<b>Module 1</b>	18-Jan-2022	20-Jan-2022
<b>Module 2</b>	25-Jan-2022	27-Jan-2022
<b>Module 3</b>	01-Feb-2022	03-Feb-2022
<b>Learning Review</b>	<b>08<sup>th</sup> February 2022</b>	
<b>Module 4</b>	15-Feb-2022	17-Feb-2022
<b>ASSIGNMENTS DEADLINE 1</b>	<b>17<sup>th</sup> February 2022</b>	
<b>Module 5</b>	22-Feb-2022	24-Feb-2022
<b>Module 6</b>	01-Mar-2022	03-Mar-2022
<b>Observed Coaching Session</b>	<b>08<sup>th</sup> &amp; 10<sup>th</sup> March 2022</b>	
<b>ASSIGNMENTS DEADLINE 2</b>	<b>14<sup>th</sup> April 2022</b>	

\* The Learning Review is an online in-class activity, and the Observed Coaching Session is a recorded Zoom session with other learners as a demonstration of skills. Both are required in order to complete your course, so attendance is mandatory.

## Class Schedule



### *Format - 2 Weekends Per Month*

### ***Advanced Diploma in Mental Health and Wellbeing Coaching***

	<b>10am - 4pm Dublin Time / IST</b>
	<b>Weekend Course</b>
<b>Module 1</b>	26-Feb-2022 27-Feb-2022
<b>Module 2</b>	12-Mar-2022 13-Mar-2022
<b>Module 3</b>	26-Mar-2022 27-Mar-2022
<b>Learning Review</b>	<b>09<sup>th</sup> April 2022</b>
<b>Module 4</b>	23-Apr-2022 24-Apr-2022
<b>ASSIGNMENTS DEADLINE 1</b>	<b>24<sup>th</sup> April 2022</b>
<b>Module 5</b>	14-May-2022 15-May-2022
<b>Module 6</b>	28-May-2022 29-May-2022
<b>Observed Coaching Session</b>	<b>18<sup>th</sup> &amp; 19<sup>th</sup> June 2022</b>
<b>ASSIGNMENTS DEADLINE 2</b>	<b>10<sup>th</sup> July 2022</b>

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## Class Schedule



### *Format - 2 Weekends Per Month*

### **Advanced Diploma in Mental Health and Wellbeing Coaching**

	<b>10am - 4pm Dublin Time / IST</b>
	<b>GRADUATE</b> <b>Weekend Course</b>
<b>Module 1</b>	<i>Note: If you completed other Coaching course with us before, you can start from Module 4 on the Mental Health and Wellbeing Coaching Course</i>
<b>Module 2</b>	
<b>Module 3</b>	
<b>Learning Review</b>	
<b>Module 4</b>	23-Apr-2022 24-Apr-2022
<b>Module 5</b>	14-May-2022 15-May-2022
<b>Module 6</b>	28-May-2022 29-May-2022
<b>Observed Coaching Session</b>	<b>18<sup>th</sup> &amp; 19<sup>th</sup> June 2022</b>
<b>ASSIGNMENTS DEADLINE 2</b>	<b>10<sup>th</sup> July 2022</b>

\* The Observed Coaching Session is a recorded session on Zoom with other learners as a demonstration of skills. It is required in order to complete your course, so attendance is mandatory.



## Class Schedule



### *Format - 2 Weekends Per Month*

### **Advanced Diploma in Corporate Wellbeing Coaching**

	<b>10am - 4pm Dublin Time / IST</b>
	<b>GRADUATE</b> <b>Weekend Course</b>
<b>Module 1</b>	<i>Note: If you completed other Coaching course with us before, you can start from Module 4 on the Corporate Wellbeing Coaching Course.</i>
<b>Module 2</b>	
<b>Module 3</b>	
<b>Learning Review</b>	
<b>Module 4</b>	23-Apr-2022 24-Apr-2022
<b>Module 5</b>	14-May-2022 15-May-2022
<b>Module 6</b>	28-May-2022 29-May-2022
<b>Observed Coaching Session</b>	<b>18<sup>th</sup> &amp; 19<sup>th</sup> June 2022</b>
<b>ASSIGNMENTS DEADLINE 2</b>	<b>10<sup>th</sup> July 2022</b>

\* The Observed Coaching Session is a recorded session on Zoom with other learners as a demonstration of skills. It is required in order to complete your course, so attendance is mandatory.